

ECED 213: Advanced Heath, Safety and Nutrition

Course Description

ECED 213 provides students with knowledge and skills to plan, implement and evaluate healthy practices for infants, toddlers, and children with extra support needs in an inclusive and infant/toddler environment.

Course Hours: 45

Course Credits: 3

Course Prerequisites: Minimum 65% in either English 12, English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency Information on the College website).

Child, Youth and Family Studies Program: An Early Childhood Education Specialty or a Certificate in Early Childhood Education.

Co-requisites: None

Format

Students who register for Flexible Assessment credit must provide evidence of their competency in the form of a portfolio and submit this evidence online to the designated ECE Faculty Assessor two weeks before the end of the semester.

The portfolio submission must include the following information:

- 1. A table of contents with page numbers that follow the learning outcomes of the course, in the order the learning outcomes are listed on the *Flexible Assessment Documentation Form* below;
- 2. A labeled heading between each learning outcome and course activity;
- 3. Concrete evidence (i.e., photos, letters, logbook, video recording, observations) of each learning outcome in the order listed below along with brief explanations of the relevance of each piece of evidence;
- 4. A completed copy of the recording form below with the type and page number of each piece of evidence in the portfolio submission.



What You Need To Do

Document your knowledge and implementation <u>of each learning outcome</u> for ECED 213 (below) by providing a minimum of four examples for each outcome. The examples for the learning outcomes can include a combination of written examples, photos, observations, course/workshop certificates, log-books, video recordings, evaluations and practical applications. Each example must include a written component that clearly explains how the evidence has informed your professional practice.



ECED 213: Advanced Health, Safety and Nutrition Learning Outcomes and Additional Flexible Assessment Criteria

Learning Outcomes	Types of Evidence	Page Number(s)	Value (for office use only)	Faculty Assessor's Comments (for office use only)
Describe preventative practices and policies for health, safety and illness management.				
Develop standards for recognizing, reporting and documenting accident, injury, illness, abuse and neglect.				
Describe factors of healthy food preparation, storage and selection.				
Explain environmental adaptations for children with extra support needs.				
Develop a plan that ensures accommodation for diversity.				



Learning Outcomes	Types of Evidence	Page Number(s)	Value (for office use only)	Faculty Assessor's Comments (for office use only)
Describe a variety of health concerns/conditions in young children as well as for children with extra support needs.				
Develop a plan to work with community partners.				
Describe factors that enhance and promote a healthy and safe environment for infants and toddlers and caregivers.				
Develop, evaluate and be sensitive to meal planning with specific cultural nutritional and health issues/needs in mind.				
Telephone Interview	Date	Faculty Assessor's Comments (for office use only)		