

# **HSWR 212: Crisis Intervention**

## **Course Description**

This course provides the student with an introduction to the theory and practical day to day procedures of crisis intervention. Students may be exposed to crisis topics common to a variety of helping profession disciplines, including counseling, education and social work.

Course Hours: 45 Course Credits: 3

**Course Prerequisites:** Minimum 65% in either English 12, English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency Information on the College website).

Co-requisites: None

#### **Format**

Students who register for Flexible Assessment credit must provide evidence of their competency in the form of a portfolio and submit this evidence online to the designated HSWR Faculty Assessor two weeks before the end of the semester.

The portfolio submission must include the following information:

- A table of contents with page numbers that follow the learning outcomes of the course, in the order the learning outcomes are listed on the *Flexible Assessment Documentation Form* below;
- 2. A labeled heading between each learning outcome and course activity;
- 3. Concrete evidence (i.e., photos, letters, logbook, video recording, observations) of each learning outcome in the order listed below along with brief explanations of the relevance of each piece of evidence;
- 4. A completed copy of the recording form below with the type and page number of each piece of evidence in the portfolio submission.



## What You Need To Do

Document your knowledge and implementation of each learning outcome for HSWR 212 (below) by providing a minimum of four examples for each outcome with the exception of the learning outcomes that are met by the Additional Flexible Assessment Criteria (AFAC). The examples for the learning outcomes can include a combination of written examples, photos, observations, course/workshop certificates, log-books, video recordings, evaluations and practical applications. Each example must include a written component that clearly explains how the evidence has informed your professional practice.

### **Additional Flexible Assessment Criteria**

#### AFAC 1.

Provide a 4 page 'literature review' of recent research on therapeutic approaches most commonly used for crisis intervention in an area of interest to you.

#### AFAC 2.

- A. Create a case scenario related to one of the following types of crisis:
  - 1. Crisis of Loss (e.g. death, relationship breakup),
  - 2. Personal Victimization (e.g. child, elder abuse, and intimate partner abuse),
  - 3. Crisis Related to Substance Abuse, or
  - 4. Crisis Related to Illness or Disability.
- B. Explain the crisis intervention approach/method you will use and how it fits with the crisis scenario.
- C. Provide evidence of your awareness of and ability to apply ethical standards, professional self-awareness and cultural sensitivity.
- D. Through a role play video presentation, provide a script of a therapeutic session with the client. Focus on the types of questions to ask and the statements to make that will help identify the nature of the crisis, the client's perception of it, the impairments to the client's functioning, and the exploration of coping strategies. This presentation should be no longer than 30 minutes. Please focus the 'camera' on you rather than the 'client' in this role play.



# HSWR 212: Crisis Intervention Learning Outcomes and Additional Flexible Assessment Criteria

Learning Outcomes	Types of Evidence	Page Number(s)	Value (for office use only)	Faculty Assessor's Comments (for office use only)
Discuss the basic rationale and the theoretical and conceptual information needed for understanding applied crisis intervention.				
Research and discuss in writing the background, dynamics and intervention methodologies applicable to a specific type of crisis common to the human experience.				
Identify the strengths and challenges of Crisis Intervention Models.				



Learning Outcomes	Types of Evidence	Page Number(s)	Value (for office use only)	Faculty Assessor's Comments (for office use only)
Actively search for evidence based research to complement concepts being introduced.	AFAC 1			
Demonstrate basic crisis intervention skills used in an initial crisis intervention, including ethical and legal considerations.	AFAC 2			
Telephone Interview	Date	Faculty Assessor's Comments (for office use only)		